

Public Service Announcement

Responsible gaming

Start Date: May 6, 2026

End Date: May 11, 2026

Nunavut-wide

60 secs

The Department of Community Services' consumer affairs division reminds Nunavummiut the importance of responsible gaming.

Game responsibly and make informed choices. Set limits on the time and money you spend so that gaming remains enjoyable, balanced with other activities and responsibilities, and free from gaming-related harm.

Signs of gaming issues may show when you start spending more money and time than usual on gaming to get the desired excitement, chasing losses by trying to recover money through more gaming, and relying on others for money.

Tips to achieve responsible gaming:

- Ensure gaming doesn't dominate free time by engaging in social activities.
- Avoid borrowing money or using a credit card to game.
- Set monetary and time limits around gaming.
- Gaming with non-essential funds (funds left after paying for bills and food).

For further information regarding responsible gaming, contact the consumer affairs division at NunavutLotteries@gov.nu.ca or our toll-free line at 1-866-223-8139.

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